

Toddler (Ages 9-36 Months) Menu

GUEST MEAL VOUCHER PROCESS

1. Visit chop.catertrax.com or scan the QR Code to order a meal voucher(s)
 2. Select quantity of vouchers you would like to receive
 3. One \$5 voucher entitles you to one guest meal tray
 4. Complete ordering process and check out via web
 5. Voucher(s) will be delivered to your room within 45 minutes
 6. After you receive your vouchers, you may call 4-FOOD or 215-590-FOOD to place your order
 7. When your meal arrives, provide the nutrition host with your purchased voucher(s)
- ★ Try our patient meal ordering app! This is only available for patient meal ordering and not guest meals. Click the "Let's Eat" icon on your CHOP provided bedside tablet or down the free CBORD Patient App ★



CONDIMENTS

- Margarine
- Butter
- Sugar
- Splenda
- Salt
- Pepper
- Herb Seasoning
- Ketchup
- Lite Mayonnaise
- Mustard
- Jelly
- Parmesan Cheese
- BBQ Sauce
- Brown Sugar
- Regular Cream Cheese
- Lite Cream Cheese
- Syrup (Diet or Regular)
- Honey Mustard
- Buffalo Sauce
- Sunflower Seed Spread
- Sour Cream
- Hot Sauce
- Peanut Butter
- Nutella

BEVERAGES

- Bottled Water
- MILK: Skim Milk • 2% Milk • Whole Milk • 1% Chocolate Milk
- Almond Milk • Vanilla Soy Milk • Lactose Free Milk
- JUICE: Apple • Cranberry • Orange • Lemonade • Iced Tea

Toddler (9mo-36mo) Menu

To place an order, dial extension **4FOOD** on your phone.

Please call between 6:30 am and 8:00 pm to choose your menu selections.

Family members may also order for you from home by calling **215-590-3663**.

★ For guest meal ordering and information about our patient meal ordering app please see reverse side ★

HOT CEREAL

Oatmeal (4oz) • Cream of Wheat (4oz)

Add-- Brown Sugar
Cinnamon

COLD CEREAL

- Cheerios
- Cinnamon Toast Crunch
- Honey Nut Cheerios
- Corn Flakes

BREAKFAST ENTREES

- Scrambled Eggs
- Scrambled Egg Whites
- French Toast Sticks (2 chopped)
- Pancakes(1chopped): whole wheat or buttermilk
add: blueberries or chocolate chips

SIDES

- Bacon
- Turkey Bacon
- Turkey Sausage
- Plant Based Sausage
- Scrambled Eggs
- Hard Cooked Egg
- Hashbrown Patty

All breakfast meats chopped

BUILD YOUR OWN OMELET

---- Choose Your Egg ----

Regular Eggs • Egg Whites

---- Choose Your Toppings ----

Cheddar • Swiss • American • Provolone
Turkey Sausage

Bacon • Turkey Bacon • Plant Based Sausage
Sautéed Mushrooms • Sautéed Onions
Green Peppers • Tomatoes • Spinach

****3 Toppings Only****

BUILD YOUR OWN BREAKFAST SANDWICH (Quartered)

---- Choose Your Bread ----

Whole Wheat Bagel • Plain Bagel

Wheat Bread • White Bread • English Muffin • Biscuit

---- Choose Your Egg ----

Regular • Egg Whites

---- Choose Your Cheese ----

American • Provolone • Swiss • Cheddar

FRUIT & YOGURT

- Apple Slices
- Banana
- Fresh Berries
- Diced Peaches
- Applesauce
- Avocado (1/2)
- Low Fat Cottage Cheese
- Lite Yogurt: Strawberry, Vanilla
- Vanilla Greek Non-Fat Yogurt
- Chobani Yogurt Drink: Peach or Mixed Berry

BREADBASKET

- Bagels (½): Whole Wheat, Plain
- Muffins: Blueberry & Banana
- English Muffin (½)
- Dinner Roll
- Biscuit

Breakfast available all day 6:30a-8:00p

SOUP & SALAD

Chicken Noodle Soup *Pureed* • Tomato Basil *Pureed*
Side Caesar Salad *Chopped* • Side Garden Salad *Chopped*

ENTREES

- Fish Sticks (3)
- Chopped Chicken Parmesan
- Chopped All Beef Hot Dog
- Chicken Nuggets (3)
- Mini Quesadilla: Cheese or Chicken
- Chopped Boneless Wings (Buffalo or BBQ)
- Baked Cod
- Macaroni & Cheese (½c)
- Buttered Penne (½c)
- Chopped Chicken Breast
- Uncrustable®
- Chopped Penne with Marinara Sauce
- Chopped Penne with Meat Sauce

BUILD YOUR OWN COLD SANDWICH (Quartered)

---- Choose Your Bread ----

Whole Wheat Bread • White Bread
• Half Hoagie Roll

---- Choose Your Protein ----

Sliced Ham • Sliced Turkey
Chicken Salad • Tuna Salad

---- Choose Your Cheese ----

American • Cheddar • Provolone • Swiss

FROM THE GRILL (Quartered)

- Grilled Cheese
- Cheeseburger
- Hamburger
- Turkey Burger
- Veggie Burger

---- Choose Your Bread ----

Whole Wheat Bread • White Bread • Hamburger Roll
Whole Grain Hamburger Roll

---- Choose Your Cheese ----

American • Cheddar • Provolone • Swiss

---- Personal Pizza (½) ----

Cheese
Pepperoni
Veggie (mushrooms, peppers, onions)

BUILD YOUR OWN STIR FRY

---- Choose Rice or Noodles ----

Brown Rice • White Rice

---- Choose Your Protein ----

Tofu • Chicken

---- Choose Your Toppings ----

Mushrooms • Carrots • Peppers • Chopped Broccoli

---- Choose Your Sauce ----

Teriyaki • Sweet and Sour

VEGETABLES & SIDES

- Chopped Broccoli (⅓c)
- Carrots (⅓c)
- Green Beans(⅓c)
- Black Beans
- Brown Rice (⅓c)
- White Rice(⅓c)
- Buttered Wheat Penne(⅓c)
- Buttered Penne
- French Fries
- Mashed Potatoes(⅓c)
Poultry Gravy • Brown Gravy
- Macaroni & Cheese(⅓c)
- Goldfish Crackers
- Baked Potato Chips
- Avocado

DESSERTS

---Frozen---

- Berry Smoothie
- Vanilla Ice Cream
- Chocolate Ice Cream
- Raspberry Sherbet
- Cherry or Lemon Fruit Ice
- Vanilla or Chocolate Milkshake

---Pudding---

- Vanilla & Chocolate

---Gelatin---

- Red

---Cookies---

- Mini Chocolate Chip or Sugar

---Cake & Pies---

- Brownie
- Rice Krispie® Treat
- Mini Oreo Parfait
- Apple Pie